Aerosols in Dentistry: The Continuing Story of Respiratory Protection



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Support for this program provided by:





COVID-19 Pandemic Update

Reported Cases

The current 7-day moving average of daily new cases (35,442) decreased 23.6% compared with the previous 7-day moving average (46,390). Compared with the highest peak on January 8, 2021 (250,037), the current 7-day average decreased 85.8%. A total of 32,643,851 COVID-19 cases have been reported as of May 12.

Daily Trends in COVID-19 Cases in the United States Reported to CDC

32,643,851 35,442 Total Cases Reported 25,442 Current 7-Day Average* 46,390 -23,6%

7-Day moving average

CDC COVID Data Tracker

46,390 Prior 7-Day Average Average in 7-Day Average since Prior Week

*Historical cases are excluded from daily new cases and 7-day average calculations until they are incorporated into the dataset for the applicable date. Of 89,986 historical cases reported retroactively, 1,651 were reported in the current week and 1,649 were reported in the prior week.

Note: In the above table, historical data with missing report dates are excluded from current and prior 7-day averages, and the percent change in the 7-day average.



More Case Data

Source: CDC

COVID-19 Pandemic Update

State Profile Report

The State Profile Report (SPR) is generated by the Data Strategy and Execution Workgroup in the Joint Coordination Cell, in coordination with the White House. It is managed by an interagency team with representatives from multiple agencies and offices (including the United States Department of Health and Human Services, the Centers for Disease Control and Prevention, the Assistant Secretary for Preparedness and Response, and the Indian Health Service). The SPR provides easily interpretable information on key indicators for each state, down to the county level.

For each state, this report provides a weekly snapshot in time that:

- Focuses on recent outcomes in the last seven days and changes relative to the month prior
- · Provides additional contextual information at the county level for each state, and includes national level information
- · Supports rapid visual interpretation of results with color thresholds

Click here to download the State Profile Report

View and Download COVID-19 Case Surveillance Publicly Available Data

CDC COVID Data Tracker

Slide 5

Updated CDC Guidance

Interim Public Health Recommendations for Fully Vaccinated People

Updated May 13, 2021 Languages - Print

Summary of Recent Changes

Updates as of May 13, 2021

- Update that fully vaccinated people no longer need to wear a mask or physically distance in any setting,
- except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance
- Update that fully vaccinated people can refrain from testing following a known exposure unless they are residents or employees of a correctional or detention facility or a homeless shelter

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html

Key Points

The following recommendations apply to non-healthcare settings. For related information for healthcare settings, visit <u>Updated Healthcare Infection</u> <u>Prevention and Control Recommendations in Response to COVID-19</u> <u>Vaccination</u>.

Fully vaccinated people can:

- Resume activities without wearing masks or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules and regulations, including local business and workplace guidance
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel
- Refrain from testing before leaving the United States for international travel (unless required by the destination) and refrain from selfquarantine after arriving back in the United States
- Refrain from testing following a known exposure, if asymptomatic, with some exceptions for specific settings
- · Refrain from quarantine following a known exposure if asymptomatic
- · Refrain from routine screening testing if feasible

For now, fully vaccinated people should continue to:

- Get tested if experiencing COVID-19 symptoms
- · Follow CDC and health department travel requirements and recommendations

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INFOGRAPHIC

If you are fully vaccinated you can start doing many things that you had stopped doing because of the pandemic.

Text Version

Updated Healthcare Infection Prevention and Control Recommendations in Response to COVID-19 Vaccination

Updated Apr. 27, 2021 Print

CDC guidance for SARS-CoV-2 infection may be adapted by state and local health departments to respond to rapidly changing local circumstances.

Summary of Recent Changes

Updates as of April 27, 2021

- Updated SARS-CoV-2 testing recommendations
- Updated visitation guidance to include recommendations for acute care facilities and to describe circumstances when source control and physical distancing are not required during visitation
- · Added guidance for communal activities and dining in healthcare settings

Key Points

- CDC has updated select healthcare infection prevention and control recommendations in response to COVID-19
 vaccination, which are summarized in this guidance.
- Updated recommendations on SARS-CoV-2 testing
- · Updated recommendations will be added to this page regularly as new information becomes available.

5. Use of Personal Protective Equipment

Recommendations for use of personal protective equipment by HCP remain unchanged.

Current CDC Guidance for Dental Settings

Guidance for Dental Settings

Interim Infection Prevention and Control Guidance for Dental Settings During the Coronavirus Disease 2019 (COVID-19) Pandemic

Updated Dec. 4, 2020 Print

Key Points

- · Recognize dental settings have unique characteristics that warrant specific infection control considerations.
- Prioritize the most critical dental services and provide care in a way that minimizes harm to patients from delaying care and harm to personnel and patients from potential exposure to SARS-CoV-2 infection.
- · Proactively communicate to both personnel and patients the need for them to stay at home if sick.
- · Know the steps to take if a patient with COVID-19 symptoms enters your facility.

https://www.cdc.gov/coronavirus/2 019-ncov/hcp/dental-settings.html

Additional Key Resources

- Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus
 Disease 2019 (COVID-19) Pandemic
- Framework for Healthcare Systems Providing Non-COVID-19 Clinical Care During the COVID-19 Pandemic
- Information about managing school sealant programs during COVID-19 on CDC's Considerations for School Sealant Programs page.

Recent Study on COVID-19 and Aerosols

https://www.iadr.org/Portals/69/Press%20Release%20-%20JDR%20-%20Sources%20of%20SARS-CoV-2.pdf

Only 28 individuals in the study – may not be statistically significant

Were patients COVID-19+



for Dental Research

FOR IMMEDIATE RELEASE May 12, 2021

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/ A A D R®

American Association for Dental Research

CONTACT

Sources of SARS-CoV-2 and Other Microorganisms in Dental Aerosols

Alexandria, Va., USA — COVID-19 was declared a global pandemic in March 2020 and given an incomplete understanding of the transmission of SARS-COV-2 at that time, the American Dental Association recommended that dental offices refrain from providing non-emergency services. As a result, 198,000 dentists in the United States closed their doors to patients. The study "<u>Sources of</u> <u>SARS-CoV-2 and Other Microorganisms in Dental Aerosols</u>," published in the *Journal of Dental Research* (JDR), sought to inform infection-control science by identifying the source of bacteria and viruses in aerosol generating dental procedures.

Researchers at The Ohio State University College of Dentistry. Division of Periodontology, Columbus, USA, tracked the origins of microbiota in aerosols generated during treatment of 28 patients undergoing ultrasonic scaling, implant osteotomy or restorative procedures by combining reverse transcriptase qPCR, to identify and quantify SARS-CoV-2, and I6S sequencing, to characterize the entire microbiome, with fine-scale enumeration and source-tracking. Thirty minutes following the procedure, condensate was collected from the operator and assistant's face shield, the patient's chest and an area 6-feet distant from the site of operation.

The results show that it is possible to trace the source of contamination through DNA microbiome analysis and that the major source of microbes in aerosols came from the dental irrigant. Saliva did not significantly contribute as infection control measures such as pre-coperative mouthrinses and intra-oral high-volume evacuation were used. The authors conclude that the risk for transmission of SARS-CoV-2 and other respiratory pathogens from aerosolized saliva in dental operatories is moderately low and that current infection control practices are adequately robust to protect personnel and patients alike.

"Understanding the sources of microbial load in aerosols is important, not only for infection control in dental operatories during the COVID pandemic, but also to inform best practices in aerosol reduction, mitigation and abatement in the long term." said JDR Editor-in-Chief Nicholas Jakubovics, Newcastle University, England. "While further studies are needed with larger sample sizes, this study sets the stage for future work on risk of microbial transmission in oral health care settings."

About the Journal of Dental Research

The IADR/AADR Journal of Dental Research (JDR) is a multidisciplinary journal dedicated to the dissemination of new knowledge in all sciences relevant to dentistry and the oral cavity and associated structures in health and disease. The JDR ranks #3 in Impact Factor of 91 journals, #2 without self-

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Current Guidance from OSHA on Respiratory Protection

Care of patients in areas where community transmission of COVID-19 has subsided in the local area		Care of patients in areas where community transmission of COVID-19 continues in the local area		Care of patients with suspected or confirmed COVID-19, regardless of community transmission of COVID-19 in the local area	
Dental procedures not involving aerosol-generating procedures	Dental procedures that may or are known to generate aerosols	Dental procedures not involving aerosol- generating procedures	Dental procedures that may or are known to generate aerosols	Dental procedures not involving aerosol- generating procedures	Dental procedures that may or are known to generate aerosols
 Work clothing, such as scrubs, lab coat, and/or smock, or a gown Gloves Eye protection (e.g., goggles, face shield) Face mask (e.g., surgical mask,) 	 Gloves Gown Eye protection (e.g., goggles, face shield) At a minimum, face mask (e.g., surgical mask,) with face shield NIOSH-certified, disposable N95 filtering facepiece respirator (or better) offers more protection to workers who may encounter asymptomatic or presymptomatic patients who can spread COVID-19 or other aerosolizable pathogens† 	 Work clothing, such as scrubs, lab coat, and/or smock, or a gown Gloves Eye protection (e.g., goggles, face shield) At a minimum, face mask (e.g., surgical mask,)with face shield NIOSH-certified, disposable N95 filtering facepiece respirator (or better) offers more protection to workers who may encounter asymptomatic or pre- symptomatic patients who can spread COVID-19 or other aerosolizable pathogens† 	 Gloves Gown Eye protection (e.g., goggles, face shield) NIOSH-certified, disposable N95 filtering facepiece respirator or better† 	 Gloves Gown Eye protection (e.g., goggles, face shield) NIOSH-certified, disposable N95 filtering facepiece respirator or better† 	 Gloves Gown Eye protection (e.g., goggles, face shield) NIOSH-certified, disposable N95 filtering facepiece respirator or better†

Recommended PPE ensembles for dentistry

<u>COVID-19 - Control and Prevention -</u> <u>Dentistry Workers and Employers |</u> <u>Occupational Safety and Health</u> <u>Administration (osha.gov)</u>

OSHA and the CDC

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Occupational S	afety and Health Ad	CONTACT US FAQ A TO Z INDEX ENGLISH ESPAÑOL				
OSHA 🗸 STANDA	RDS V TOPICS V HE	ELP AND RESOURCES 🗸	Q SEARCH OSHA			
Enforcement Memos / Updated Interim Enforcement Response Plan for Coronavirus Disease 2019 (COVID-19)						
U.S. Department of Labor		Occupational Safety and Health Administration Washington, D.C. 20210 Reply to the attention of:				
March 12, 2021						
MEMORANDUM FOR:	REGIONAL ADMINISTRATORS STATE PLAN DESIGNEES	3				
THROUGH	AMANDA EDENS Deputy Assistant Secretary		Ν			
FROM:	PATRICK J. KAPUST, Acting Dir Directorate of Enforcement Prog	rector grams	₩2			
SUBJECT:	Updated Interim Enforcement Response Plan for Coronavirus Disease 2019 (COVID-19)					

OSHA and the CDC

{Correction 3/30/2021}

Attachment 1

Specific Guidance for COVID-19 Enforcement

1. Workplace Risk Levels: To prioritize OSHA enforcement activities during the Coronavirus Disease 2019 (COVID-19) pandemic, the following guidance is provided to help CSHOs identify workplaces and job tasks with a risk-based potential for COVID-19 exposures. The risk of worker exposures to SARS-CoV-2, the virus that causes COVID-19, depends on numerous factors, including: the extent of community transmission; the type of work activity; the ability of workers to wear face coverings and appropriate personal protective equipment (PPE); the extent to which the employer follows OSHA standards and current guidelines from OSHA and the Centers for Disease Control and Prevention (CDC); and the need to work in close contact with other people, hereafter defined as within 6 feet for a total of 15 minutes or more over a 24-hour period, per the CDC.[3] Potential for worker exposures could also depend on medical or other measures present to control the impact of the virus and the implementation of those measures. For example, vaccinations are becoming increasingly available to certain groups of workers and others in the general population. Information on classifying risk of worker exposure is available on the Hazard Recognition page on OSHA's COVID-19 website. OSHA has also prepared guidance that employers should use for planning purposes - Protecting Workers: Guidance on Mitigating and Preventing the Spread of COVID-19 in the Workplace.



COVID-19 / Protecting Workers: Guidance on Mitigating and Preventing the Spread of COVID-19 in the Workplace

Protecting Workers: Guidance on Mitigating and Preventing the Spread of COVID-19 in the Workplace

OSHA will update this guidance over time to reflect developments in science, best practices, and standards.

Guidance posted January 29, 2021

On this Page

Executive Summary Purpose About COVID-19 What Workers Need To Know about COVID-19 Protections in the Workplace The Roles of Employers and Workers in Responding to COVID-19 Additional Detail on Key Measures for Limiting the Spread

https://www.osha.gov/coronavirus/safework



Occupational Safety and Health Administration

Small Entity Compliance Guide for the Respiratory Protection Standard



OSHA Publications | Occupational Safety and Health Administration



National Emphasis Program



OSHA launches program to protect high-risk workers from coronavirus, focuses on employers that retaliate against workers with safety concerns | Occupational Safety and Health Administration



FDA Emergency Use Authorizations for Disposable Respirators



+Home / Medical Devices / Products and Medical Procedures / General Hospital Devices and Supplies / Personal Protective Equipment for Infection Control / N95 Respirators, Surgical Masks, and Face Masks

N95 Respirators, Surgical Masks, and Face Masks

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Recommendations

The FDA recommends that health care personnel and facilities:

- Limit decontamination of disposable respirators. Decontaminated respirators and respirators that have undergone bioburden reduction should be used only when there are insufficient supplies of new FFRs or if you are unable to obtain any new respirators.
- Transition away from a crisis capacity strategy for respirators, such as decontamination of N95 and other FFRs.
- Increase inventory of available NIOSH-approved respirators—including N95s and other FFRs, elastomeric respirators, including new elastomeric respirators without an exhalation valve that can be used in the operating room, and powered air-purifying respirators (PAPRs). Even if you are unable to obtain the respirator model that you would prefer, the FDA recommends that you obtain and use a new respirator before decontaminating or bioburden reducing a preferred disposable respirator.

FDA Recommends Transition from Use of Decontaminated Disposable Respirators - Letter to Health Care Personnel and Facilities | FDA

Q Search

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FDA Recommends Transition from Use of Decontaminated Disposable Respirators - Letter to Health Care Personnel and Facilities

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<u>FDA Recommends</u> <u>Transition from Use of</u> <u>Decontaminated</u> <u>Disposable Respirators -</u> <u>Letter to Health Care</u> <u>Personnel and Facilities |</u> FDA

CONCERNS ABOUT INFECTIOUS AEROSOLS ARE NOT LIMITED TO COVID-19!

Aerosol Transmitted Disease Risks in Dentistry

- SARS
- SARS-CoV-2
- Influenza
- Measles
- Rubella

- M. tuberculosis
- Ebola
- Varicella (chicken pox)
- Pertussis
- Group A strep

Jones RM, Brosseau LM. Aerosol transmission of infectious disease. J Occup Environ Med. 2015 May;57(5):501-8. doi: 10.1097/JOM.0000000000448. PMID: 25816216.

California Code of Regulations, Title 8, Section 5199 Appendix A.

Kumar, S., & Lee, H. P. (2020). The perspective of fluid flow behavior of respiratory droplets and aerosols through the facemasks in context of SARS-CoV-2. *Physics of fluids (Woodbury, N.Y. : 1994)*, *32*(11), 111301. https://doi.org/10.1063/5.0029767

Face Masks, Including Surgical Masks, and Respirators for COVID-19 | FDA

The Basics on Face Masks, Surgical Masks, and Respirators

Q: Is there a difference between a face mask, a surgical mask, and a respirator?

A: Face masks, surgical masks, and respirators all cover a wearer's nose and mouth, but they differ in several aspects.

~

- Face masks: A mask, with or without a face shield, that covers the user's nose and mouth and may or may not meet fluid barrier or filtration efficiency levels. Face masks that are not intended for a medical purpose are not considered medical devices. Face masks may be used by the general public and health care personnel as source control in accordance with CDC recommendations on Interim Infection Prevention and Control.
- Surgical masks: A mask that covers the user's nose and mouth and provides a physical barrier to fluids and particulate materials. Surgical masks intended for medical purposes are considered medical devices. The mask meets certain fluid barrier protection standards and Class I or Class II flammability tests. Surgical masks are also tested for biocompatibility and are considered personal protective equipment (PPE). While a surgical mask may be effective in blocking splashes and large-particle droplets, they do not provide complete protection from germs and other contaminants because of the loose fit between the surface of the mask and your face. Surgical masks are not respiratory protective devices such as respirators.
- Respirators, known as filtering facepiece respirators (FFRs), including N95s and surgical N95s, filter at least 95 percent of airborne particles. They are PPE that tightly fit the face and provide certain filtration efficiency levels to help reduce wearer exposure to pathogenic airborne particles in a health care setting. They provide a higher level of protection against viruses and bacteria when properly fit-tested.

This CDC infographic (PDF - 227KB) explains the differences between surgical masks and N95 respirators.

Understanding the Difference



Centers for Disease Control and Prevention National Institute for Occupational Safety and Health <u>Infographic -</u> <u>Understanding</u> <u>the Difference,</u> <u>Surgical Mask,</u> <u>N95 Respirator</u> (cdc.gov)

Standards for Masks and Respirators

- NIOSH National Institute for Occupational Safety and Health – <u>www.cdc.gov/niosh</u>
- FDA Food and Drug Administration
 - <u>www.fda.gov</u>
- ASTM American Society for Testing and Materials
 - www.astm.org

Medical Masks – Procedure or Surgical

- Cleared by FDA for medical use indicated on packaging
- May be procedure mask vs. surgical mask
 - Surgical masks have ties, not earloops
 - for tighter fit
 - to fit over hair coverings
- ASTM levels should be indicated on packaging

5 Factors in respiratory protection ASTM Standard F2100-11

 Fluid Resistance (FR) – measures the ability of mask's material and construction to minimize fluids from traveling through (penetrating) the material measured in mmHg



Source: Nelson Labs

M9 Need to insert measurement for fluid resistance pressure/time Mary, 5/14/2021

5 Factors in respiratory protection ASTM Standard F2100-11

- Bacterial Filtration Efficiency (BFE) measures the percentage of bacteria larger than 3µ filtered out by the mask.
 - SARS-CoV2 is much smaller \sim .12µ
- Particle Filtration Efficiency (PFE) measures the percentage of particles larger than 1μ

5 Factors in respiratory protection F2100-11

- Delta P (Differential Pressure) resistance to air flow breathability
- Flame spread measure of the material's ability to burn rapidly and spread flames.



Source: Halyard Health





Source: Halyard Health

What is the critical difference? Why should I care?

- Greatest difference is <u>Fluid</u>
 <u>Resistance</u>
 - 80mmHg (Level 1)
 - 160mmHg (Level 3)
 - Fluid penetrating the mask can carry infectious microbes



Source: Microsoft Creative Commons

Respirators

- N95 Filtering Facepiece Respirators (FFRs)
 - Commonly referred to as N95s
 - Medical grade vs. manufacturing grade
- Differ from masks in both fit, seal and particle filtration size
 - Some brands come in multiple sizes for better fit
- Designed for single use
 - Reuse allowed (temporarily) under FDA EUA
- Respirators with exhalation valves not appropriate for use in health care settings.

N95 Respirators, Surgical Masks, and Face Masks | FDA



Source: Halyard Health

Respirators in health care settings

- Surgical respirators are Class II devices regulated by the FDA
 21CFR 878.4040
- Certified by CDC/NIOSH
 - 42 CFR Part 84
- Manufactured in the Americas vs. overseas
 - Less wait time to replenish inventory
 - Not all respirators are created equal...

Buyer Beware!

Summary of the current state of respiratory protection requirements for dentistry

- OSHA bases respiratory protection guidance on:
 - The incidence of disease in your area
 - Type of procedure being performed
 - Aerosol generating vs. non-aerosol generating
- OSHA has cited practices for not utilizing N95s and not fit testing those respirators prior to use.
- OSHA is reviewing current guidance for update and has stated that aerosol-transmitted hazards are not addressed in the BBPS.

Summary of the current state of respiratory protection requirements for dentistry

- CDC has not updated guidance for dental settings since 12/20.
- CDC has updated guidance for health care settings on 4/27/21
 - Vaccination of HCW is not an indicator for discontinuing use of recommended respiratory protection
 - Vaccinated HCW's do not need to quarantine if exposed to COVID-19
 - Vaccinated HCW's do not need to be screened daily for COVID-19
 - Unvaccinated workers do need to quarantine and require daily screening

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