FLUOROSIS

Diagnose depth of lesion

Bleaching/Whitening if recommended by doctor (must wait 14 days)

Apply rubber dam/ liquid dam (for all lesion types)

Microabrasion, using a diamond bur, or sandblasting to target the specific area where the lesion exists without compromising the whole tooth structure

Now we can begin the Etching & Resin Infiltration...

Apply Icon-Etch 2 min

Apply Icon-Dry 30 s

Apply Icon-Infiltrant at least 3 min

Light-cure all sides 40 s

Light-cure all sides 40 s

Reapply Icon-Infiltrant 1 min

Rinse thoroughly

Polish

Spots are still visible

Spots have diminished

Repeat

Up to 2 more times